

COVID Guidelines- Community Exposure to a known or suspected COVID-19 patient.

Person:	Exposure to:	Recommendation:
<p>You came in close contact with someone with known or possible/suspected COVID.</p> <p><u>Close contact:</u> within 6 feet for a period of 15 minutes or longer.</p>	<p>Person with COVID-19 or they have symptoms of COVID-19 within two days of your meeting.</p>	<ul style="list-style-type: none"> • Stay home- until 14 days after last exposure and maintain social distance from others at all times. <ul style="list-style-type: none"> ✓ Self-monitor for symptoms. ✓ Check temperature 2x/day ✓ Watch for fever 100.4 or higher, cough, shortness of breath. • Avoid contact with people at higher risk for illness. • Call us or the BHS COVID hotline if symptoms develop or to schedule a COVID-19 test. • In an emergency, call 911.
<p>You did <u>not</u> come in close contact with someone, but you and your family have been in public spaces or confined areas with others you do not live with.</p>	<p>Possible COVID exposure to people who do not have symptoms.</p>	<ul style="list-style-type: none"> • Practice social distancing and other personal prevention strategies <ul style="list-style-type: none"> ✓ Wash your hands ✓ Wear a mask ✓ Do not touch your eyes/face. • Be alert for symptoms <ul style="list-style-type: none"> ✓ Fever 100.4 or higher, cough, shortness of breath • Call us or the BHS Covid hotline if symptoms develop. In an emergency, call 911.